

ÄVENTYRSBANAN

School and associations program. For high school. 20-30 participants.

Discover Exciting Adventures and Strengthen Team Spirit!

HIGH ROPES COURSE

High ropes courses are an exciting and enriching activity that combines physical exercise with mental challenges. Winding through the trees, the courses feature a variety of obstacles and several ziplines that entertain while encouraging participants to step out of their comfort zones and challenge their inner motivation.

Experienced guides are always on-site to provide support and ensure safety throughout the experience. We begin with a safety briefing and practice at ground level.

High school classes can choose from all courses, and we recommend one red and one black course.

TEAMBUILDING

Get to Know Each Other

Perfect for newly formed classes and groups. Through various icebreakers and creative team-building exercises on the ground, students get the chance to let go of their inhibitions, get to know each other, and have fun together.

The program can also serve as a “Get Started” session—a lighthearted and enjoyable way to kick off the day, for example, before heading to the high ropes course.

Tailored Program

We create a program customized to the class's needs, with appropriately challenging team-building exercises. Reflection is included to highlight how the collaboration is working.

Ground Course

An exciting balance course that truly tests the students' teamwork. The course consists of eight interconnected wires where you must work together to find the way forward.

This fantastic and challenging team-building activity is ideal for well-bonded groups with decent physical capabilities.

WILDERNESS

Mission: Wilderness

With an outdoor adventure theme, students face exciting and creative challenges. First, they tackle the tasks independently, followed by a review of answers and demonstrations of practical methods and tips to inspire a love for nature.

Examples of activities include starting a fire with fire steel, brewing forest tea on a camping stove, navigating with and without a map, building shelters, and other valuable wilderness skills that provide both knowledge and practical abilities for outdoor life

FOOD

Reserve the Forest Camp for your own picnic. It features a large fire pit with a grill grate, firewood, and equipment to start a fire. If the weather calls for it, two large tipi tents are ready to provide shelter.

Want to skip cooking? Glöd's annex offers delicious and eco-friendly food that you can pick up and enjoy at tables, benches, or logs in the scenic surroundings.

OVERNIGHT STAYS

Deepen your connection to nature with an overnight stay in our spacious Tentipi tents. For many students, this is a unique experience and perhaps their first time sleeping in a tent. Each campsite has sturdy fire pits for cooking and gathering.

We offer two different campsites for overnight stays:

- **The Lake Camp** by Sandasjön is an idyllic location with cliffs and stunning nature, perfect for groups seeking seclusion.
- **The Forest Camp**, ideal for larger groups or those wanting proximity to parking and buses, is a cozy and convenient alternative.

When renting one of our campsites, you are responsible for the area and the participants.