

ÄVENTYRSBANAN

School and associations program. For classes 3-6, 20-30 participants.

Discover Exciting Adventures and Strengthen Team Spirit!

High Ropes Course

Our high ropes courses offer a fun and educational physical activity that challenges participants both mentally and physically. The courses are designed for all skill levels, allowing each participant to find their perfect challenge. For grades 3–6, we recommend Sanda – our lower courses that reach up to 8 meters in height. Here, you'll encounter 27 thrilling obstacles among the trees, including several exhilarating ziplines! Our guides are always on-site to provide support and ensure safety.

Minimum height: 140 cm, **Minimum age:** 9 years.

Team Building

Get Started

Perfect for new groups in the process of getting to know each other! Through fun and simple games, we help participants relax and start collaborating. The program is made as a fun intro to, for example, to the high ropes course.

Kamratbanan

The buddy course" focuses on teamwork. Activities take place close to the ground, and the group must work together to move forward without touching the ground. Challenges include balancing on a beam, riding a zipline, swinging on a vine, and crossing "ice floes." Together, you'll build bonds and strengthen the team.

Wilderness

Forest Adventures

Embark on an exciting forest trek filled with outdoor challenges! Participants will try starting a fire with fire steel, building a compass, navigating in nature, constructing cairns, and searching for animal tracks. This experience fosters curiosity and respect for nature, giving students an unforgettable sense of adventure.

Forest Trail

We want every child to leave with a fantastic forest experience. That's why we've created the Forest Trail. Along the beautiful path, hidden letters form a secret message, making the walk exciting for students. The walk also takes you past a natural spring, where the magic of the Ice Age has shaped the landscape.

What a day with us look like

We divide the class into smaller groups of about 15 students. On the high ropes course, one group begins with an introduction to the equipment and safety, followed by training on ground. Meanwhile, the other group goes on the Forest Trail, an inspiring hike with nature activities. After about 30 minutes, the writing group will start with introduction.

If you've booked our combination programs, you're in for an exciting and varied day where groups rotate through our activities in stations. It's the perfect mix of challenge, joy, and collaboration!

We accommodate one class at a time for a smooth and well-organized experience. If multiple classes visit on the same day, start times are staggered by two hours.

FOOD

Reserve the Forest Camp for your own picnic. It features a large fire pit with a grill grate, firewood, and equipment to start a fire. If the weather calls for it, two large tipi tents are ready to provide shelter.

Want to skip cooking? Glöd's annex offers delicious and eco-friendly food that you can pick up and enjoy at tables, benches, or logs in the scenic surroundings.

OVERNIGHT STAYS

Deepen your connection to nature with an overnight stay in our spacious Tentipi tents. For many students, this is a unique experience and perhaps their first time sleeping in a tent. Each campsite has sturdy fire pits for cooking and gathering.

We offer two different campsites for overnight stays:

- **The Lake Camp** by Sandasjön is an idyllic location with cliffs and stunning nature, perfect for groups seeking seclusion.
- **The Forest Camp**, ideal for larger groups or those wanting proximity to parking and buses, is a cozy and convenient alternative.

When renting one of our campsites, you are responsible for the area and the participants